A birthday challenge

We’re lucky to have a wide range of amazing supporters here at Sue Ryder, who take part in some extraordinary challenges to help us to be there when it matters most.

Tony, a former Keighley CID chief and BBC investigator, is no exception, having embarked on a length-of-Britain walking adventure from Lands End to John O’Groats in Spring 2021. The challenge had even more significance as Tony celebrated his 70th birthday, having completed the gruelling 1000 mile walk twice before for his 50th and 60th birthdays. Crossing the line on the 24th June, 56 days after setting off, Tony completed the distance four days faster than his 2001 walk 20 years ago.

Tony was entirely self-sufficient throughout his challenge, refusing lifts and public transport and carried all his belongings in just one rucksack. Reflecting on the journey, Tony said: “It’s been an immensely uplifting and exhilarating experience. There have been many highs and a few lows on this journey, but I have been overwhelmed by the support, kindness, goodness and generosity of so many people I’ve met along the way.”

Tony has raised over £15,000 for Sue Ryder, which has provided specialist care and emotional support to people during the most difficult of times.

If you’ve been inspired and would like to support Sue Ryder in your own way, do get in touch with the fundraising team on the details below.

Sue Ryder is a charity registered in England and Wales (1052076) and in Scotland (SCO39578). Ref No. 07423. © Sue Ryder. Mar 2022.
Sue Ryder Events 2022

7–8 May
Snowdon by Night
Join Team Sue Ryder for this epic trek by moonlight up the highest mountain in England and Wales.
sueryder.org/snowdon

27 May
Curry & Quiz Night - Bedford
Bedford Modern School
Entry price includes the quiz and meat and vegetarian curry options, teams of 6. Lots of fantastic prizes to be won on the night. Email stjohnsfundraising@sueryder.org for more information.
sueryder.org/bedford

29 May
Ride London–Essex 2022
Saddle up and join 20,000 riders riding 100 miles through the heart of London and neighbouring Essex.
sueryder.org/ridelondon

10–12 June
Great North Swim
A fantastic weekend of open water swimming in the stunning Lake District surroundings of Windermere.
sueryder.org/greatnorthswim

11 June
Peterborough Dragon Boat Festival, sponsored by Whirlpool
A great team building event and family day out. No previous experience is required, just plenty of team spirit!
dragonboatevents.co.uk/peterborough-dragon-boat-festival

19 June
London to Brighton
Saddle up and take on the London to Brighton cycle for Sue Ryder. Starting on Clapham Common and finishing on Brighton seafront, this 54 mile cycle is ideal for both beginners and experienced riders.
sueryder.org/londonobrighton

26 June
PaintRush – St Neots
Get colourful with this 5k run, jog or walk. With fun for all the family, this colour run makes for a great day out.
sueryder.org/stjohnspaintrush

11 September
Great North Run
We have places available in the world’s biggest half marathon with a minimum fundraising target of £300.
sueryder.org/greatnorthrun

15 October
Starlight Hike, Bedford
Walk 5km or 10km and celebrate the memory of your loved one this October. Join us for an incredible evening under the stars, featuring live entertainment. Entry will open in early summer. Contact stjohnsfundraising@sueryder.org for more information.
sueryder.org/stjohnspaintrush

16 October
Great Eastern Run, Peterborough
Take your pick of the 5k or Half Marathon and help us fill the end of someone’s life with love. We’ll be with you every step of the way. Contact thorpe.fundraising@sueryder.org for more information.
sueryder.org/bedford

20–21 August
Snowdon by Night
Join Team Sue Ryder for this epic trek by moonlight up the highest mountain in England and Wales.
sueryder.org/snowdon

22 October
Starlight Hike, Peterborough
Sponsored by Perkins
Walk 5km and celebrate the memory of your loved one this October. Join us at Ferry Meadows for an incredible evening under the stars, featuring live entertainment. Entry will open in early summer. Contact thorpe.fundraising@sueryder.org for more information.
sueryder.org/thorpe

24–27 November
The Burghley Christmas Fair, in association with the Angel Fair Committee
The Burghley Christmas Fair returns this November—and it’s bigger and better than ever! Escape the hustle and bustle and enjoy a festive shopping experience in the beautiful surroundings of Burghley House.
burghley.co.uk/events/the-burghley-christmas-fair

December
December Daily Dash
Run, walk or jog 5k every day this December, and raise funds to help Sue Ryder support people when it matters most.
december.dailyydash@sueryder.org

January 2023
Christmas Tree Collection Service
Leave your Christmas Tree for us to collect in exchange for a donation. Visit stjohnstrees.org or stamfordsantafunrun.com for more information.

8–12 March 2023
Northern Lights Winter Trek
Discover stunning scenery on this fantastic trekking challenge in southern Iceland with a great chance of seeing the Northern Lights.
sueryder.org/iceland

23 April 2023
London Marathon
There’s nothing that quite compares to the London Marathon. The iconic route, unparalleled crowd support, and unbeatable spirit make it one of the best loved Marathon World Majors and a must-do on many bucket lists. Please email us to discuss your application in more detail prior to submitting online.
sueryder.org/londonmarathon