

Be inspired to do something amazing like David



David took up wild swimming when his wife Sarah was diagnosed with a life-changing illness. The couple were supported by Sue Ryder as Sarah approached the end of her life. Since Sarah's death in March 2023 wild swimming has continued to bring David solace. He recently completed the Thames Marathon swim event to raise funds for Sue Ryder.

David explains: "I have swum for years but I only started wild swimming in the river when I started to care for Sarah four years ago. It gave me the chance to go out in the morning to meet people and swim which has been good for me in lots of ways.

"In 2018, Sarah had a seizure and was diagnosed with a glioblastoma. She had an operation and received treatment. Although there was a long, slow decline in her health, we were able to do as much as possible together. Sarah lived for three-and-a-half years after her diagnosis.

"In June last year, the doctors, in a very gentle way, said there was nothing more they could do and at that point Sue Ryder happened. Sarah's Sue Ryder Nurse, Michelle, was around to see her straight away and continued to see us right up until she died. She was always on the end of a phone which was important, particularly for me at the end.

"The Thames Marathon was a 13.5km swim from Henley to Marlow. I have done long swims before but never like this. It was loads of fun to be amongst so many people who love swimming. I was delighted to have raised more than £2,000 for Sue Ryder."

If you've been inspired and would like to support Sue Ryder in your own way, get in touch with the fundraising team on the details below.

call: **0113 203 3317**

email: wheatfields.fundraising@sueryder.org

visit: sueryder.org/takepart

 [/SueRyderWheatfieldsHospice](https://www.facebook.com/SueRyderWheatfieldsHospice)

 [@suerydercharity](https://www.instagram.com/suerydercharity)



Sue Ryder is a charity registered in England and Wales (1052076) and in Scotland (SC039578). Ref. No. 07694.
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Events Calendar 2024

There are so many great ways to get involved and support us



Because no one should face death or grief alone

Events 2024

Skydive

Experience the biggest adrenaline rush of your life! Select your date, airfield and jump type when you book.



21st April

London Marathon

There's nothing that quite compares to the London Marathon. The iconic route, unparalleled crowd support, and unbeatable spirit make it one of the best loved Marathon World Majors and a must-do on your bucket list!



28th April

Mascot Gold Cup

The world's largest Mascot Race held at Wetherby Races Family Day meeting. Spare mascots available.



4th-5th May

Snowdon by Night (Yr Wyddfa)

Join Team Sue Ryder and climb the highest mountain in England and Wales by moonlight.



11th May

You're a Vision

Celebrate Eurovision in style with help from our fundraising party pack, forfeit list and sweepstake kit. Order your pack at wheatfields.fundraising@sueryder.org



12th May

Leeds Half Marathon

A popular Half with a city centre start and finish, fantastic atmosphere and phenomenal crowd support.



12th May

The Rob Burrow Leeds Marathon

Introduced in 2023, this brand-new Marathon fast became a fan favourite. Join 10,000 participants on the iconic route through Leeds, finishing at Headingley Stadium.



1st June

Yorkshire 1 Peak

Ideal for families, groups or individuals. Take on the 6-mile trek up Pen-y-ghent.



1st June

Yorkshire 3 Peaks

A challenging walk of 24 miles and 3 peaks – Pen-y-ghent, Whernside and Ingleborough.



23rd June

Leeds 10K

One of the highlights of the city's events calendar and is a hugely popular, inclusive and supported race for participants of all abilities.



20th-21st July

Zip the Cow

Jump off the Cow and Calf rocks in Ilkley and zip wire down to the ground. This is an exciting event for those brave enough!



8th September

Great North Run

Join Team Sue Ryder for an unforgettable experience at the world's biggest and best half marathon.



8th September

Vale of York Half Marathon

A lovely flat personal-best-setting half marathon, great for debutants.



5th October

Starlight Hike

Get together with family and friends and walk under the stars to remember someone special, while raising funds for our vital end-of-life care and bereavement support.



20th October

Yorkshire Marathon Relay

Get your marathon medal by joining five of your friends or colleagues for the Yorkshire Marathon Relay. The relay sees teams of six take on the ancient streets of York to battle to claim the bragging rights of being the fastest team in the race.



12th to 21st October

Inca Trail to Machu Picchu (Peru)

See Machu Picchu, one of the most iconic sights in South America, and the culmination of the magnificent Inca Trail trek through the Peruvian Andes. This breath-taking challenge through valleys and high passes is truly a once in a lifetime experience.



December

Daily Dash

Walk, jog, run or roll every day in December and raise funds to support people when it matters most.



1st December

Celebrate a Life

Sue Ryder's Celebrate a Life events invite you to remember someone special. It is an opportunity to write a personal dedication to your loved one, listen to readings and music, and share memories of those who have meant so much to us.



7th December

Christmas Fair, St Chads Church Hall, Headingley

A festive fun event for all of the family: stalls, crafts, refreshments, tombola and much more!



January 2025

Christmas Treecycling

For a suggested donation we will collect your real Christmas tree from your home and recycle it.



April 2025

London Marathon

Please email us to discuss your application in more detail prior to submitting it online.



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