

Be inspired to do something amazing like David



David took up wild swimming when his wife Sarah was diagnosed with a life-changing illness. The couple were supported by Sue Ryder as Sarah approached the end of her life. Since Sarah's death in March 2023 wild swimming has continued to bring David solace. He recently completed the Thames Marathon swim event to raise funds for Sue Ryder.

David explains: "I have swum for years but I only started wild swimming in the river when I started to care for Sarah four years ago. It gave me the chance to go out in the morning to meet people and swim which has been good for me in lots of ways.

"In 2018, Sarah had a seizure and was diagnosed with a glioblastoma. She had an operation and received treatment. Although there was a long, slow decline in her health, we were able to do as much as possible together. Sarah lived for three-and-a-half years after her diagnosis.

"In June last year, the doctors, in a very gentle way, said there was nothing more they could do and at that point Sue Ryder happened. Sarah's Sue Ryder Nurse, Michelle, was around to see her straight away and continued to see us right up until she died. She was always on the end of a phone which was important, particularly for me at the end.

"The Thames Marathon was a 13.5km swim from Henley to Marlow. I have done long swims before but never like this. It was loads of fun to be amongst so many people who love swimming. I was delighted to have raised more than £2,000 for Sue Ryder."

If you've been inspired and would like to support Sue Ryder in your own way, get in touch with the fundraising team on the details below.

Thorpe Hall Hospice

call: **01733 225 999**

email: thorpe.fundraising@sueryder.org

visit: sueryder.org/takepart

St John's Hospice

call: **01767 642 412**

email: stjohnsfundraising@sueryder.org

visit: sueryder.org/takepart

Events Calendar 2024

There are so many great ways to get involved and support us



Because no one should face death or grief alone

Events 2024

Skydive

Experience the biggest adrenaline rush of your life! Select your date, airfield and jump type when you book.



3rd March

Cambridge Half Marathon

Join Team Sue Ryder at the Cambridge Half Marathon, a scenic and unforgettable journey through the beautiful city of Cambridge and four of the University of Cambridge Colleges. Ideal for all runners whether you're new to running or aiming for a personal best.



7th April

London Landmarks Half Marathon

London Landmarks lets you enjoy a closed road tour of the best sights our capital has to offer. Join #TeamSueRyder today to be there when it really matters and experience the magic for yourself.



21st April

London Marathon

There's nothing that quite compares to the London Marathon. The iconic route, unparalleled crowd support, and unbeatable spirit make it one of the best loved Marathon World Majors and a must-do on your bucket list!



4th–5th May

Snowdon by Night (Yr Wyddfa)

Join Team Sue Ryder and climb the highest mountain in England and Wales by moonlight.



11th May

You're a Vision

Celebrate Eurovision in style with help from our fundraising party pack, forfeit list and sweepstake kit. Order your pack at stjohnsfundraising@sueryder.org or thorpe.fundraising@sueryder.org



10th June

The Rotary Club of Peterborough Golf Day – Elton Furze Golf Club.

Entry price includes all prizes, coffee on arrival, meal and evening presentation. Contact Colin Harrison at casewickharrison@hotmail.com for further details.



22nd June

Peterborough Dragon Boat Festival

A great team building event and family day out. No previous experience is required, just plenty of team spirit! dragonboatevents.co.uk/peterborough-dragon-boat-festival



8th–9th June

Snowdon by Night (Yr Wyddfa)

Join Team Sue Ryder for this epic trek by moonlight up the highest mountain in England and Wales.



20th July 2024

Bedford Dragon Boat Festival @ Bedford River Festival.

A great team building event and family day out. No previous experience is required, just plenty of team spirit! sueryder.org/dragonboatbedford



17th–18th August

Snowdon by Night (Yr Wyddfa)

Join Team Sue Ryder for this epic trek by moonlight up the highest mountain in England and Wales.



7th-8th September

Bedford Running Festival

Take your pick of the 5k, Twilight 10k, Half Marathon or 20-mile races and join thousands of runners around the traffic-free, iconic Bedford Embankment.



8th September

Great North Run

Join Team Sue Ryder for an unforgettable experience at the world's biggest and best half marathon.



5th October

Starlight Hike – Peterborough

Get together with family and friends and walk under the stars in Peterborough's much-loved Ferry Meadows to remember someone special, while raising funds for Sue Ryder.



12th October

Starlight Hike – Bedford

Get together with family and friends this October and walk under the stars to remember someone special, while raising funds for Sue Ryder.



13th October

Great Eastern Run

Take your pick of the 5k or Half Marathon and help us fill the end of someone's life with love. We'll be with you every step of the way. [Contact thorpe.fundraising@sueryder.org](mailto:thorpe.fundraising@sueryder.org) for more information.



12th to 21st October

Inca Trail to Machu Picchu (Peru)

See Machu Picchu, one of the most iconic sights in South America, and the culmination of the magnificent Inca Trail trek through the Peruvian Andes. This breathtaking challenge through valleys and high passes is truly a once in a lifetime experience.



28 November –1 December

The Burghley Christmas Fair

In association with the Angel Fair Committee, the Burghley Christmas Fair returns this November and it's bigger and better than ever! Escape the hustle and bustle and enjoy a festive shopping experience in the beautiful surroundings of Burghley House.



December

Daily Dash

Walk, jog, run or roll every day in December and raise funds to support people when it matters most.



December

Stamford Santa Fun Run Burghley Park, Stamford.

It's time to get festive, grab your Santa suit, and join the Stamford Santa Fun Run, organised by the Stamford Striders in association with The Rotary Club of Stamford Burghley. Run or walk the festive 5k course and raise funds for Sue Ryder. At the end, you'll celebrate with a medal, mince pie and mulled wine! stamfordsantafunrun.com



December

Celebrate a Life, St Johns Hospice

Sue Ryder's Celebrate a Life events invite you to remember someone special. It is an opportunity to write a personal dedication to your loved one, listen to readings and music, and share memories of those who have meant so much to us.



Friday 6th December

Celebrate a Life, Peterborough

Sue Ryder's Celebrate a Life events invite you to come together at The Cresset to remember someone special. It is an opportunity to write a personal dedication to your loved one, listen to readings and music, and share memories of those who have meant so much to us.



January 2025

Christmas Treecycling

For a suggested donation we will collect your real Christmas tree from your home and recycle it.



April 2025

London Marathon

Please email us to discuss your application in more detail prior to submitting it online.

