

Be inspired to do something amazing like David



David took up wild swimming when his wife Sarah was diagnosed with a life-changing illness. The couple were supported by Sue Ryder as Sarah approached the end of her life. Since Sarah's death in March 2023 wild swimming has continued to bring David solace. He recently completed the Thames Marathon swim event to raise funds for Sue Ryder.

David explains: "I have swum for years but I only started wild swimming in the river when I started to care for Sarah four years ago. It gave me the chance to go out in the morning to meet people and swim which has been good for me in lots of ways.

"In 2018, Sarah had a seizure and was diagnosed with a glioblastoma. She had an operation and received treatment. Although there was a long, slow decline in her health, we were able to do as much as possible together. Sarah lived for three-and-a-half years after her diagnosis.

"In June last year, the doctors, in a very gentle way, said there was nothing more they could do and at that point Sue Ryder happened. Sarah's Sue Ryder Nurse, Michelle, was around to see her straight away and continued to see us right up until she died. She was always on the end of a phone which was important, particularly for me at the end.

"The Thames Marathon was a 13.5km swim from Henley to Marlow. I have done long swims before but never like this. It was loads of fun to be amongst so many people who love swimming. I was delighted to have raised more than £2,000 for Sue Ryder."

If you've been inspired and would like to support Sue Ryder in your own way, get in touch with the fundraising team on the details below.

call: **01535 640 430**

email: manorlands.fundraising@sueryder.org

visit: sueryder.org/takepart

 [/SueRyderManorlands](https://www.facebook.com/SueRyderManorlands)

 [@suerydercharity](https://www.instagram.com/suerydercharity)



Events Calendar 2024

There are so many great ways to get involved and support us



This year, Sue Ryder Manorlands Hospice is celebrating 50 years of providing exceptional care and support for people during the most difficult times.

Sue Ryder

Because no one should face death or grief alone

Skydive

Experience the biggest adrenaline rush of your life! Select your date, airfield and jump type when you book.



28th January

Manorlands Jigsaw Festival
Woodbank Nurseries in Harden.
For more information email
manorlands.fundraising@sueryder.org



10th March

Keighley 10k and 5k
A multi-terrain 10k or 5k on Mother's Day!
Suitable for all abilities.
sueryder.org/keighley10k



21st April

London Marathon
There's nothing that quite compares to the London Marathon. The iconic route, unparalleled crowd support, and unbeatable spirit make it one of the best loved Marathon World Majors and a must-do on your bucket list!



28th April

Mascot Gold Cup
The world's largest Mascot Race held at Wetherby Races Family Day meeting. Spare mascots available.



May You're a Vision

Celebrate Eurovision in style with help from our fundraising party pack, forfeit list and sweepstake kit. Order your pack at manorlands.fundraising@sueryder.org



May

Brontë Off Road Bike Challenge and Marathon

Mountain bike ride on the Pennine moors with four routes to choose from, ranging from 12 miles to 36 miles.



11th and 12th May

Brontë Vintage Gathering

Popular country show and steam rally in the heart of Brontë country with attractions for all the family.
bronte-vintage-gathering.co.uk



12th May

Leeds Marathon

A popular Half with a city centre start and finish, fantastic atmosphere, and phenomenal crowd support.



18th May

Wharfedale Pub Walk

A 10-mile charity walk in the beautiful Yorkshire Dales using some of its finest country inns as waymarks.



2nd June

Le Petit Depart Sportive

Showcases the very best cycling the Yorkshire Dales has to offer and follows much of the 2014 Tour de France route.



16th June

Manorlands PaintRush

Join us for our annual PaintRush colour run.



20th June

Solstice Saunter

Join us for a five-mile run at Bolton Abbey.



23rd June

It's a Knockout

An epic inflatable obstacle course packed with fun and entertainment where points make prizes!



4th July

Coniston Challenge Day

Join us for an exciting day of clay-pigeon shooting, target golf, off-road driving and more, followed by a drink's reception, awards presentation, auction and hog-roast dinner at the stunning Coniston Hotel and Spa.

7th July

Oxenhope Straw Race

A fancy dress, 2.5-mile fun run between the pubs of Oxenhope carrying a bale of straw. A great day out with a real carnival atmosphere.
www.oxenhopestrawrace.com

12th July

50th Anniversary Dinner

Celebrate the 50th anniversary of Sue Ryder Manorlands Hospice.



14th July

Annual Garden Party

Our annual event in the hospice grounds with stalls and entertainment, it's fun for all the family. Free parking and admission.



20th July

Proms at the Farm

A magical musical evening of live entertainment with songs from the shows, classical and folk music.



20th & 21st July

Zip the Cow

Zip at 35 mph from the iconic Cow and Calf rocks in Ilkley. Suitable for 8 to 80 years old.



8th September

Great North Run

Join Team Sue Ryder for an unforgettable experience at the world's biggest and best half marathon.



8th September

Vale of York Half Marathon

A lovely flat personal-best-setting half marathon, great for debutants.



14th-18th September

50th Anniversary Mont Blanc Trek

Join us on this beautiful three day trek and see the incredible sights of three countries.



12th October

Starlight Hike

Get together with family and friends and walk under the stars to remember someone special, while raising funds for our vital end-of-life care and bereavement support.



October

Settle Loop

Walk, run or mountain bike on this 10 mile or Marathon distance circular loop along the trails between Settle, Malham and Grassington.



10th November

Run Bolton Abbey

This stunning autumnal trail race in the Bolton Abbey Estate has a choice of four distances.



24th November

Skipton Santa Fun Run

A 5k circular festive route through the streets and paths of Skipton.



December

Daily Dash

Walk, jog, run or roll every day in December and raise funds to support people when it matters most.



4th December

Celebrate a Life

Sue Ryder's Celebrate a Life events invite you to remember someone special. It is an opportunity to write a personal dedication to your loved one, listen to readings and music, and share memories of those who have meant so much to us.



21st December

Winter Solstice Strider

10k or 5k dark run on the shortest day around the St. Ives Estate, Bingley



January 2025

Christmas Treecycling

For a suggested donation we will collect your real Christmas tree from your home and recycle it.



April 2025

London Marathon

Please email us to discuss your application in more detail prior to submitting it online.

