

Sue Ryder

Keighley BigK 10K

www.bigk10k.org.uk

Manorlands
Hospice



For Runners and Walkers

A multi-terrain 10K route linking parks and scenic paths, suitable for all abilities, run for your Mum!

For further information and to enter online go to www.bigk10k.org.uk or phone 01535 640176 or email andrew.wood@sueryder.org for an entry form.

Entry costs adults £10.00, 11 - 16 year olds £6.00 (£15.00 on the day, subject to capacity)

Main Sponsors



Wolke Ross Volkswagen
www.wolkeross.co.uk



KEIGHLEY CAMPUS

part of



**Mothers Day
Sunday 18 March
9.00am Start
Victoria Park
Keighley**

Living through life's challenges

Ref 00784 Sue Ryder is a charity registered in England and Wales (1052076) and in Scotland (SC039578)

FRSB
FundRaising
Standards Board

