

## **Terms and Conditions**

Sue Ryder is the owner and manager of the Big Scottish Swim fundraising event.

### **Registration**

Every participant must fill a registration form and pay an entry fee of £20. Sue Ryder is unable to accept any entries after Wednesday 15<sup>th</sup> August or entries on the day of the event, as due to health and safety reasons we need to make sure that events do not go over capacity.

### **Refunds**

The entry for the Big Scottish Swim is non-transferable and the fee non-refundable. Due to unforeseeable circumstances on the day, The Big Scottish Swim may have to be reduced or altered. Sue Ryder reserves the right to cancel the event because of circumstances beyond its control where it reasonably believes this to be necessary. Sue Ryder will take reasonable steps to inform you if the event has to be cancelled but regrets that entry fees cannot be refunded. In the event that the event is postponed, your entry will automatically be transferred to the replacement date.

### **Swimming**

Sue Ryder Big Scottish Swim is a challenge event, not a race. A swim cap will be provided and must be worn at all times on land and in water. All swimmers must wear wetsuits; details of hire will be included in your registration pack. Swimmers and their supporters must obey marshal's instructions, both on land and in water.

### **Publicity**

By participating, swimmers agree to take part in post-swim publicity which may include interviews, photography and/or filming for Sue Ryder internal communications, local and/or national media. Sue Ryder will take reasonable steps not to use any photographs, images or likeness of children 16 and under.

### **Contact details**

Swimmers are personally responsible for updating the organisers with new address and telephone details. In the case of an emergency Sue Ryder may use the emergency contact details provided by you to contact your home or office.

### **Health and Fitness**

The Big Scottish Swim is an event designed for confident and experienced swimmers. Swimmers should satisfy themselves that they are in good health and physically able to participate. If in doubt consult a GP or hospital doctor prior to the swim. No medical attention other than First Aid will be provided at the event.

### **Liability**

The Big Scottish Swim is operated by Sue Ryder and all swimmers take part at their own risk. Sue Ryder accepts no liability for any loss of or damage to property which any participant incurs in the course of, before or after the event. Sue Ryder accepts no liability for any injury sustained by any participant except where such injury is caused by the negligence of Sue Ryder, its employees or agents. Personal accident cover is advised to cover any damage or injury or loss you may sustain while participating in the event.

### **Risks**

Sue Ryder has a comprehensive risk assessment process for each event which aims to eliminate or, where this is not feasible, minimise the risk to everyone taking part. However, by taking part in this event, you acknowledge that there may be conditions or circumstances beyond our control that can lead to unforeseen risks.

### **Safety**

While Sue Ryder will take reasonable steps to make the event safe for you and others swimming with

you, participants must protect themselves by wearing suitable clothing. Sue Ryder reserves the right to disqualify any participants not wearing appropriate clothing, who fail to follow marshal's instructions or who, in Sue Ryder's sole opinion, pose a risk to either themselves or other participants. Sue Ryder also reserves the right to exclude participants whose behaviour appears likely to cause a nuisance or bring Sue Ryder into disrepute. Sue Ryder's decision in such matters shall be final.

It is advised that swimmers do not eat for at least 45minutes prior to the event. Participants should bring a blanket, a flask of hot drink or energy drink for after the event.

#### **Age**

We regret are unable to accept entries from anyone under the age of 16 on the date of the event. Sue Ryder reserves the right to ask for proof of age.

#### **Sponsorship**

The Big Scottish Swim is an exclusive Sue Ryder fundraising event. All swimmers must pledge to raise sponsorship in aid of Sue Ryder. Sponsorship forms are available. Sue Ryder does not issue participants with a fundraising agreement. Sponsorship monies may not be given to or shared with any other organisation. Swimmers are advised that they have a legal responsibility to ensure that all sponsorship monies and donations received for Dip in the Dales are paid to Sue Ryder within a reasonable time. Participants are encouraged to use [www.virginmoneygiving.com](http://www.virginmoneygiving.com)

#### **Medical Conditions**

If you have any medical conditions please contact your GP for medical advice before attempting this event. If you have a disability that may affect your completion of this event please contact us before completing this form for advice on how you can be supported.

#### **Smoking**

Smoking is prohibited during the event.

#### **Litter**

Please remember to take home all of your litter.

#### **Alcohol**

For health and safety reasons, participants may not consume alcohol prior to or during the event.

#### **Data Protection**

We ask that you can provide contact details so we can contact someone in case of an emergency. We will not use this information for any purpose other than an emergency.

Please be aware that by registering, you authorise Sue Ryder to process your personal and sensitive information in accordance to the Data Protection Act 1998 for the purposes of managing this event. By submitting the registration form you agree to Sue Ryder using your sensitive and personal data for the purpose outlined above.

If at any time in the future you decide that you no longer wish to receive mailings or information, please contact Sue Ryder on 01592 657532 or send an email to [scotlandeast@sueryder.org](mailto:scotlandeast@sueryder.org) to be removed from the mailing list